

"THE VOICE"

JULY 2017

THE QUARTERLY NEWSLETTER OF HARROGATE DISTRICT OVER 50s FORUM

SOCIAL EVENTS AND TRIPS

TUESDAY 8th AUGUST, ARLEY HALL and GARDENS, CHESHIRE.

Cost: £29 per person.

Arley Hall is one of the most interesting and attractive stately homes in the North West. The elaborate ceilings and oak panelling, impressive fireplaces, intricate stained glass and beautiful contents are not the only features which make Arley Hall so special.

The gardens overlook a beautiful park with a great variety of style and design and an enormous range of plants. These award winning gardens, developed over the last 250 years by successive generations of the same family, are amongst the finest in the UK.

There is a restaurant which caters for lunches, snacks and afternoon teas.

The coach will depart at 9.0am from Harrogate Library, Victoria Avenue and

at 9.15 from York Place, Knaresborough

There may be places still available so if you wish to book contact Ann Hill 01423 861795

SEPTEMBER FORUM MEETING

THURSDAY 28TH SEPTEMBER, 2pm – 4pm in St. Paul's Church Hall

"WHAT'S GOING ON?" People often ask "Where can I find...." or "How do I go about doing..." or "Who should I see about...."

To help answer such questions this Forum meeting brings us two speakers. First will be Julie Lonsdale who is the Outreach Librarian at Harrogate Library; Julie will outline all the resources that the Library now provides including support, training and information about digital communications, and book manuscript resources, local history and family tree interests, social and meeting opportunities including coffee mornings, a Reading Group, and a place simply to relax and browse.

After the break, Angela Jones from Harrogate and Ripon Centres for Voluntary Services will talk about the vast range of services and groups in the District which HARCVS regularly supports. Angela produces a monthly Bulletin which is a major source of information about everything to do with voluntary activities; this Forum's meetings are regularly included. Angela will be able to tell the Forum about the range of services and information available from HARCVS.

NOVEMBER FORUM MEETING

THURSDAY 23rd NOVEMBER, 2pm – 4pm in St. Paul's Church Hall.

"A HEALTHY INTEREST" What's going on in our NHS?

There are many changes going on in the way our Health service is managed and delivered; we keep hearing about CCG, CQC, STP, care.data and so on. All medical practitioners are under severe pressure to maintain a good service in the face of diminishing resources and increasing demands from an aging population – and that means us! We need to know and understand how the NHS will deal with these problems, not just for ourselves but for our children and grandchildren as well.

So make a note of the date and time of what we hope will be an important meeting. Further details of speakers etc. will appear in the October Newsletter. It is planned that there will be an opportunity to question the speakers.

LUNCH CLUB

The Lunch Club meets on the second Tuesday of each month at 12 noon for 12.30. **Please book early as numbers are rising:** if you are unable to attend on the day, please let us know, in fairness to the restaurant and other members.

- 8th August: GRAVELEY'S Fish and Seafood Restaurant, 8 Cheltenham Parade, Harrogate. Come and try the new Summer Menu (and admire the beautiful hanging baskets). 2 Courses for £12.50; senior citizens choices also. Contact Pat Lawson 01423 391437
- 12 September: RIPLEY CASTLE TEAROOMS, via No.36 bus or by car. The Castle Gardens and Deer Park are open free of charge on weekdays. Last year 21 members enjoyed a light lunch on a glorious autumn day and were able to enjoy a free stroll around the grounds. Contact Margaret Smith on 01423 522005 (apologies for incorrect number in the last newsletter).
- 10 October: LUCIA WINE AND GRILL, 3 Ripon Road, Harrogate. Join us for an extensive range of delicious Italian, Mediterranean and tapas choices.
- All inclusive Set Lunch Menu and drink. Main course and drink £9.95; Starter, main course and drink £13.50. There is a gently sloping ramp to the top side of the restaurant if the steps are too difficult. Contact Tania Brightmore on 01423 862290
- 14 November: ASK ITALIAN, 4 Albert St. Harrogate. Another new venue serving a great variety of traditional Italian food. Two courses £9.95 or a la carte.

 Contact Pat Lawson on 01423 391437
- 12 December: CHRISTMAS LUNCH. This year will be held at The Masonic Hall, Station Avenue, Harrogate, (between the Odeon car park and the old police station).

 FURTHER INFORMATION, MENU AND BOOKING FORM WILL BE INCLUDED IN THE OCTOBER NEWSLETTER.

 Make a note in your diary!

INTERNATIONAL OLDER PEOPLE'S DAY

To celebrate this day, the Forum will hold an

AFTERNOON TEA PARTY

ON THURSDAY 5TH OCTOBER 2017, 2.0pm to 4.0pm

in The Hub, St John the Baptist Church Hall, Church Lane, Knaresborough.

COST: £6 per person; Raffle £1 per ticket.

Singer, Wes Michaels will entertain us with his American Song Book - favourites from Frank Sinatra, Tony Bennett, Bobby Darin etc. Easy listening and sing-a-long if you wish.

We are again limited to 50 places so book early! Please complete the Booking Form below with the name, address and telephone number of EACH person wishing to attend. Cheques should be made payable to HDOFF and sent to arrive by 28th September to:

TANIA BRIGHTMORE, 3 THE BUNGALOWS, CALCUTT, KNARESBOROUGH, HG5 8JQ. Tel: 01423 862290.

IMPORTANT. PLEASE NOTE THAT NO TICKETS ARE ISSUED FOR ANY FORUM EVENT. In this instance, over-subscribed applications will be notified and cheques returned. We look forward to your company at this popular event.

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BOOKINGFORM	
AFTERNOON TEA PARTY, Thursday, 5 th October	
The Hub, St.John the Baptist Church, Church Lane, Knaresborough.	Price: £6 per person
1.NAME	
ADDRESS	
Tel:	
2. NAME	
ADDRESS:	
TEL:	
3. NAME:	
ADDRESS	
TEL:	

Make cheques payable to HDOFF

Send to Tania Brightmore, 3 The Bungalows, Calcutt, Knaresborough, HG5 8JQ. To be received by 28th September.