

NOVEMBER 26: FORUM MEETING: 2pm. St. Paul's Church Hall, Victoria Avenue

"The Sell Off" A film about the NHS

A revealing documentary film that concerns us all!

With over a dozen witnesses from within the NHS, Peter Bach tells the story of how the NHS is being quietly changed. The film includes many medical sources – a professor, consultant radiologists, a cancer expert, a public interest lawyer and several GPs. What they expose is both shocking and brave.



The film takes us on a journey on a national theme that has massive implications for everyone. These expert practitioners talk to us intimately – as if we were patients in the consulting room. It becomes clear that they are simply doing their jobs by putting their patients' interests first – and that includes our interests.

Following the film there will be a chance to discuss some of the issues highlighted in the film.

This is a Forum meeting not to be missed.

CHRISTMAS LUNCH: TUESDAY 8TH DECEMBER at ASCOT HOUSE HOTEL

Well it's nearly here again!!!



By popular request, our Christmas Lunch will be at the Ascot House Hotel, King's Road. Lunch will be from 12 for 12.30pm. The three course meal will cost £20 including tea, coffee and a festive cracker!

Please use the enclosed special information and booking form; please make sure that you complete your menu choices.

If you have any difficulties please ring Ann Hill on 01423 861795.

SOCIAL EVENTS

A CRUISE AND LUNCH ON THE CANAL, SKIPTON, OCTOBER 14TH.

Again, by popular request, we are repeating this trip. Places are booked and regretfully we cannot take any more bookings at this late date.



A TRIP TO CHATSWORTH HOUSE, THURSDAY, 3RD DECEMBER. COST £27

The Christmas visit this year will be to Chatsworth House in Derbyshire. The theme for their decorations this year is "The Wind in the Willows". Ann Hill went two years ago when the theme was "Narnia" and it was very good so "Wind in the Willows" is likely to be just as good if not better.



A time slot to go round the house has been booked for 12.30 and this is the only time our group can go into the house. There are restaurants and cafes for drinks and food.

Pick up times: Knaresborough Coach Park, York Road at 8.45am

Harrogate Library, Victoria Avenue at 9.00am. We aim to be back about 5.30pm.

Friends are welcome as well as members. **Please reserve your place by using the booking form on the back page.**

LUNCH CLUB

October 13th Lunch Club, at Grove House, Skipton Road.

Excellent bar, extensive menu and generous portions reasonably priced at about £4.95 or less.

The nearest bus stop is at the end of King's Road (No. 2a or 2b from Stand No.4.). The gate in the wall opposite the Fire Station will be open for pedestrians if you wish.



For further information and to book, please ring Tania Brightmore on 01423 862290 by 9th October.

November 10th Lunch Club at Crimble Hall, Leeds Road. 12noon

Crimble Hall consists of a large garden centre, antique centre, gift shop, art gallery and a delicatessen. There are Christmas displays.

For further information and to book, please ring Margaret Smith on 01423 522005



December: no Lunch Club because of Forum Christmas Lunch.

WHAT'S BEEN GOING ON THEN? Recent events:

9th July: North York Moors Railway and visit to Whitby

A very popular day out; by coach to Pickering then on the steam train to Whitby for lunch. Quite a long day but thoroughly enjoyed by everyone.



23rd July: Forum Meeting "Can We Ignore IT?" - IT for older people

An interesting talk showing how to explore and use the internet which hopefully allayed fears about privacy and security.

9th September: Beamish Museum

“The living Museum of the North” is so large it probably takes more than one visit to experience all it has to offer; for us it was a nostalgic trip raising many memories – mainly good, some not so good.

24th September: Forum Meeting: Talking About Dementia

Two presentations from Dementia Forward and the Alzheimer’s Society outlined the rapid increase of all forms of dementia and focussed on dispelling many misunderstandings and fears. A particularly relevant subject for older people, there is much that we can do to support people living with dementia and their carers.

30th September: Celebrating Older People’s Day (1st October)

This Newsletter goes to press before this special event happens. We are celebrating International Older People’s Day with an Afternoon Tea Party including a talk about life the 40s 50s and 60s. It will be a very enjoyable afternoon.

IDEAS FOR FORUM EVENTS

Do you have any suggestions for our future Events?

We would welcome any ideas for topics for the Forum meetings or places for social events and coach trips or places for the Lunch Club to visit. We can’t guarantee to take up every suggestion but all thoughts are very welcome.

Please contact Ann Hill (Tel: 01423 861795), or Anthony Kerr (Tel: 01423 870199) or any Committee member with your ideas.



THE FORUM WEBSITE;



www.hgdover50sforum.co.uk

Have you investigated the Forum Website?

It is full of up to date information, help and ideas. Not only does it carry full information about the Forum’s activities but also a wealth of information about all sorts of local and national events.

All forthcoming Forum events are advertised – “serious” Forum meetings, social events, trips, and the Lunch Club. Many local events are mentioned including Council activities and consultations.

If you want to be up to date and aware of what is going on, particularly in matters affecting older people, then you could find it helpful to log on to the website and explore the wealth of information, guidance and support it contains.

You can email the forum at: mail@hgdover50sforum.org.uk

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P.S. An 11 year old boy wrote at school;

“I call my granddad Spiderman. He’s not got any super powers but he can’t get out of the bath!”

BOOKING FORM FOR CHATSWORTH HOUSE

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HARROGATE DISTRICT OVER 50S FORUM

Name of Event...*Trip to Chatsworth House*...DATE...*3rd December 2015*..... COST *£27 per person*.

Please reserve place/s at a total of £.....

Name:.....

Address.....

Tel:..... email

address:.....

Please enclose with this form a cheque for the full amount, payable to HDOFF, for the places requested and post to:-

Ann Hill, 14 Bond End, Knaresborough, HG5 9AQ. Tel: 01423 861795

PLEASE NOTE: it is not possible to refund the booking fee.