

What price care?

From help at home, extra care housing to care homes – there are a range of options to help us and the people we care for manage the care and support that is needed.

Did you know a free intense, short-term support service called START could be available for people who need social care support in their own homes for up to six weeks?

Have you heard about Extra Care Housing which offers a new way of supporting people to live as independently as they can?

Do you know how you can get help with Care Home fees?

If you are interested in learning more, come along to the Harrogate District Over 50s Forum on **26th February 2015** and meet Suzie Thompson and Tina Berney from North Yorkshire County Council North START Team; Holly Ashworth, a Care Home Manager; and Michael Oglesby along with Beckie Dukes and Hazel Etherington from North Yorkshire County Council who will guide you through the options.

Want to meet up socially with others and are interested in what's going on in the District? As always, there will be a raffle along with refreshments. Come along!

Date: Thursday 26th February 2015

Time: 2.00–4.00pm.

At: St Pauls Church Hall

**Victoria Avenue, Harrogate, HG1 1EL (opposite
Harrogate Library)**