



OCTOBER 2017

"THE VOICE"

THE QUARTERLY NEWSLETTER OF HARROGATE DISTRICT OVER 50s FORUM

Welcome to the latest edition of 'The Voice'. We've had a really full calendar of events over the past three months with a visit to Arley Hall and Gardens, two forum meetings, three lunches and we also found time to celebrate Older People's Day!

At the July Forum meeting, about transport in the Harrogate District, there was a lively discussion about service provision from Happy Wanderers, HARCVS, taxis and the bus companies. In September, we found out where to go for information about events, activities and support groups in the local area and the services which HARCVS and Harrogate library provide. In November, we shall be hearing about changes in healthcare provision for older people in the district.

The Lunch Club has been enjoying the local culinary delights with visits to Graveleys, Ripley Tea Rooms (followed by a wander around the castle grounds) and Lucia's on Ripon Road. Our next venues will be ASK Italian in November and 'William & Victoria' in January. Not forgetting the Forum Christmas Lunch in December!

NOVEMBER FORUM MEETING

THURSDAY 23rd NOVEMBER, 2pm—4pm in St. Paul's Church Hall

"A HEALTHY INTEREST" What's going on in our NHS?

There are many changes going on in the way our Health service is managed and delivered; we keep hearing about CCG, CQC, STP, care data and so on. All medical practitioners are under severe pressure to maintain a good service in the face of diminishing resources and increasing demands from an aging population – and that means us! We need to know and understand how the NHS will deal with these problems, not just for ourselves but for our children and grandchildren as well.

So make a note of the date and time of what we hope will be an important meeting. The speakers will be Joanne Crewe, CCG, Director of Quality and Governance, Nigel Ayre, Healthwatch, Delivery Manager and Jill Foster, Harrogate and District NHS Foundation Trust Hospital, Chief Nurse.

JANUARY FORUM MEETING

THURSDAY 25th JANUARY 2018 2pm—4pm in St. Paul's Church Hall, Harrogate.

"NIDD GORGE AND BILTON"

The speaker will be Ray Barker. His talk will be on Nidd Gorge and Bilton and include a night study of the local wild life. We thought we would start the year off with a lighter theme, come and join us, we hope you will enjoy the talk.

LUNCH CLUB.

The Lunch Club meets on the second Tuesday of each month at 12 noon for 12.30pm.

Please book early as numbers are rising; if you are subsequently unable to attend on the day, please contact the organiser in fairness to the restaurant and other members. We look forward to your joining us at the following venues:-

14th NOVEMBER - ASK ITALIAN, 4, Albert Street, Harrogate.

Another new venue serving real Italian food "made with gusto". See the chefs at work on the new Autumn menu in the open kitchen & maybe even make use of their Take Away service.

2 COURSES - £9.95 or à la carte. Contact Pat Lawson 01423 391437.

12th DECEMBER - The Christmas Lunch will be held at The Masonic Hall, Station Avenue, Harrogate (between the Odeon Cinema car park & the old Police Station), at the usual time of 12 noon for 12.30pm.

The cost will be £20.00 per person, to include the gratuity. Please see the separate menu & booking form. Your menu choices and cheques,(made payable to HDOFF) should be returned by Friday 1st December to the address on the form. There is some parking around the Hall or disc parking on Queen Parade opposite. Buses 1a, 1b and 1c stop outside the Cinema car park.

The catering team at the Masonic Hall has a reputation for excellent meals and the cost is slightly less than last year, so we hope this lunch will be a tempting start to your Christmas festivities.

9th JANUARY 2018 - WILLIAM & VICTORIA, Cold Bath Road, Harrogate.

A return to British classics with influences from around the world.
2 Courses - £10.00 or à la carte. Contact Margaret Smith on 01423 522005

CONTACTS

HDOFF Committee		
Chair and social events	Ann Hill	01423 861795
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Information about the Forum and its activities, and so much more, is available on our website:
www.hgdover50sforum.org.uk or search for 'Harrogate over 50s'

Can you help the Forum Committee?

Do you have suggestions for social events, destinations for trips, subjects for Forum meetings, venues for the Lunch Club and so on? All suggestions are welcome.



Would you like to become a Committee member and help with our organisation (you could try it out for a while if you wish)?

We also need a Minutes Secretary to record the bi-monthly Committee meetings. Again, you could try it for a while.

Please e-mail the forum for further details: mail@hgdover50sforum.org.uk or contact Ann Hill

Tea Party

October 5th 2 – 4pm International Older People's Day afternoon tea

This year the afternoon tea took place in The Hub, St John the Baptist Church Hall, Church Lane, Knaresborough. Singer, Wes Michaels entertained us with his American Song Book – favourites from Frank Sinatra, Tony Bennett, Bobby Darin etc.

Easy listening and sing-along – and even some dancing! It was a lovely afternoon enjoyed by over 50 members and friends.

We had lots of delicious sandwiches, scones and pastries to eat and the opportunity to go out on to the terrace in the sunshine.



CHRISTMAS TRIP

Thursday 30th November, Castle Howard, Nr Helmsley, North Yorkshire.



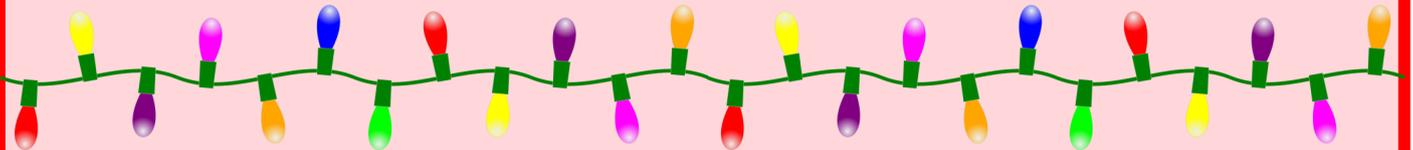
Cost £28 per person, includes coach and entry to 'Angels on High'.

The coach will depart at 9.30 from Harrogate Library, Victoria Avenue, Harrogate and at 9.45 from York Place, Knaresborough. Returning no later than 5pm.

From elegant heralds to mischievous cherubs, 'Angels on High' will surprise and delight, dressing the glorious interiors of Castle Howard with festive flamboyance. The striking and spectacular decorations throughout the grand state rooms are created by producer Charlotte Lloyd Webber and theatrical designer Brette Gerecke (Cirque du Soleil).

House and courtyard shopping options:

Gift Shops, Farm Shop, Garden Shop, Restaurant, Coffee Shop, Christmas Marquee.



If you would like to book a place for yourself, friends welcome, fill in the slip below and send to: Ann Hill, 14 Bond End, Knaresborough, HG5 9AQ. (Telephone 01423 861795 for enquiries).

Cheques made out to 'HDOFF' only. **Please note** that no tickets are issued for any Forum events and there are no refunds for non-attendance,



CHRISTMAS TRIP

Castle Howard, Thursday 30 November 2017

£28 per person



Name

Address

Telephone

How many places: Total price:

Pick up town: (I need this so I can check everyone is there)